


# \$Id\$

## User Guide

### 1. Clinical Data Search

Search for products using keywords. The system utilizes FULLTEXT matching to instantly return the top 10 relevant matches alongside macronutrient data.

### 2. My Plate Builder

Add portion sizes of different foods to calculate cumulative nutritional intake. Use the  icon to remove items.

### 3. Chat with AI

Ask the llama3.1 model complex dietary questions. It natively utilizes RAG Tool Calling to silently search the database and formulate clinical answers.