

\$Id\$

Database Backup Procedure

Automated Backups

The system utilizes a cron job pointing to `backup_db.sh`.

- The script executes `mysqldump` directly inside the MySQL container.
- Outputs are piped to `gzip` and stored in `/backups`.
- A 7-day retention policy automatically purges old backups using `find ... -mtime +7 -exec rm`.

Manual Restore

To manually restore a backup: `gunzip < backups/food_db_20260507_0200.sql.gz`
| `docker exec -i food_project-mysql-1 mysql -u root -proot_pass`
`food_db`