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**Lange François lanfr144@school.lu**

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**lanfr144@school.lu 2026/05/21 10:15:47**

**docs: Re-generate manuals and PDFs with**

**updated author Lange François**


**[lanfr144@school.lu](mailto:lanfr144@school.lu) [v1.0.2] \$**

## **User Guide**

### **1. Clinical Data Search**

Search for products using keywords. The system utilizes FULLTEXT matching to instantly return the top 10 relevant matches alongside macronutrient data.

### **2. My Plate Builder**

Add portion sizes of different foods to calculate cumulative nutritional intake. Use the  icon to remove items.

### **3. Chat with AI**

Ask the llama3.2:3b model complex dietary questions. It natively utilizes RAG Tool Calling to silently search the database and formulate clinical answers.